



Greenwich University
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Positive Post

Monthly publication to create a soft and positive image of Pakistan

Greenwich University Celebrates Independence Day



Sara Mumtaz
BS43 3842

August 14, celebrates the country's independence from the British rule on that date in 1947. This day is an occasion to promote patriotism and national unity. The month of August in is the time when almost every street in Pakistan is painted in green and white with flags and lit up with lights or candles. It is that time of the year when patriotism is at its peak and everyone is full of positive energy.

Mostly people who attend the Independence Day parades dress up in green and white, which are the Pakistani flag's colors. People visit national monuments and



places of national significance to celebrate Independence Day. This is also a time to meet relatives, exchange gifts and visit recreational spots.

Pakistan's national flag is hoisted on public, private buildings, residences and monuments at dawn. Official buildings are decorated and colorfully lit. The Prime

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First Pakistani women paratroopers make history



Hira Aijaz
BS42 3733

First group of female paratroopers completed their training on Sunday, the military announced, hailing it as a "landmark achievement" for Pakistan.

Captain Kiran Ashraf was declared the
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US, Pakistan to Resume High Level Negotiations



Areesha Irfan
BS43 3869

U.S. Secretary of State John Kerry and his Pakistani counterpart, Sartaj Aziz, said that the two countries will resume high-level negotiations over security issues.

Kerry also said he had invited Pakistan's newly elected Prime Minister, Nawaz Sharif, to come to Washington to meet with President Barack Obama.

'I'm pleased to announce that today, very quickly, we were



able to agree to a resumption of the strategic dialogue in order to foster a deeper, broader and more comprehensive partnership between our countries,' Kerry said at a press conference with Aziz in Islamabad.

He said the talks will cover 'all of the key issues between us, from border management

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SDC Elections Greenwich University



Mahesh Manglani
BS43 3824

One of the most critical ways that individuals can influence governmental decision-making is through voting. Voting is a formal expression of preference for a candidate for office or for a proposed resolution of an issue. Voting generally takes place in the context of a large-scale national or regional election; however, local and small-scale community elections can be just as critical to individual partic-



ipation in government.

On 31st August, Greenwich University held elections among the students of university.

Online Voting system was introduced for the first time in

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EDITOR'S NOTE

Regret is a killer. Hasty decisions – whether made out of love, hatred, desperation, or any other extreme emotion – seldom account for the right choices in long term. Even the sages, be it Jinnah, Gandhi, or religious/spiritual leaders, all stress upon thinking a hundred times before taking a decision, and then sticking by it. As young students, we often jump into relationships, fights and "revolutionary causes", only to feel stupid and duped later on. At the end of the day, it's really a matter of our young (and often over-excited) blood, but the more important thing is to learn from our mistakes, and take each setback as experience. Yes, You Only Live Once (YOLA) is a wonderful concept from a distance, but it would be so much better if we add the So Don't Be Stupid (SDBS) extension to it!

A compilation of news made by students of Mass Communication and Media Studies of Greenwich University to highlight the positive aspects of Pakistan

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SAMCO Generators awarded the brand of the year award

Hira Aijaz
BS42 3733

In the "Brands of the Year" ceremony SAMCO generators were awarded with the prestigious brand of the year due to providing the most eco-friendly generators in Pakistan. They came up with the idea of caring for the environment. By this they also fulfilled social requirement and were applauded by the guests.

Courtesy:



Pakistan Releases Indian Prisoners as it Strives to Improve Ties



Yusra Khan
BS 41 3667

WAGAH, Pakistan (Reuters) - Pakistan released 337 Indian prisoners, most of them fishermen, on Saturday in the latest sign that Pakistan's new government wants to improve rocky ties between the nuclear-armed neighbours.

But the push by Pakistan's civilian government to improve relations with India has been undermined by a series of clashes that began this month along their border dividing the disputed Kashmir region.

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47 As | Pakistani super kid destroys O'Level World Record



Syed Umaid Raza
VS43 3845

A Pakistani student, Haroon Tariq, has broken the current world record by securing a total of 47 As in his International General Certificate of Secondary Education (IGCSE) O Level and A Level exams from the University of Cambridge International Examinations.



His subjects spanned both the humanities and sciences including Human and Social Biology, Islamic Religion and Culture, Physics, Chemistry and Global Development. A student of Froebel's International School (FIS), Haroon Tariq's achievement has put Pakistan in the global spotlight.

In the O Levels, the previous world record was 28 As which was also held by a Pakistani student Zohaib Asad. However, Haroon Tariq obtained 38 As in O levels and a total of 47As in his O and A level exams. While talking to Dawn, Haroon Tariq said he studied 50 different subjects in O and A levels during the span of three years. He said obtaining 47 As was not easy as he had to study different languages including Spanish and French.

Courtesy: Good News



Independence Day in Pakistan

Mahesh Raja
BS43 3824

People all over Pakistan celebrate Independence Day with patriotic zest. Many people who attend the Independence Day parades dress up in green and white, which are the Pakistani flag's colors. People visit national monuments and places of national significance to celebrate Independence Day. This is also a time to meet relatives, exchange gifts and visit recreational spots.

Pakistan's national flag is hoisted on public, private buildings, residences and monuments at dawn. Official buildings, including Parliament House, are decorated and colorfully lit. The Prime Minister and President address and



congratulate the nation and talk about the day's significance. Streets and houses are decorated with candles, oil lamps and pennants. Firework shows are put together on the eve of Independence Day.

Independence Day is an official holiday in Pakistan on August 14. All governmental, non-governmental offices, organizations, educational institutions, post offices, and major markets are closed.

Courtesy: Dawn

Pakistan Army Cadet has won Sword of Honour



Zoha Peracha
BS41 3681

Pakistan Army cadet Coporal Asad Mushtaq was awarded

the prestigious "Sword of Honour" for overseas cadets at the Royal Military Academy Sandhurst (RMAS), in England.

Corporal Mushtaq was commissioned on August 9, 2013 and received the sword from the Countess of Essex on the same day during the Sovereign's Day Parade.

The distinction has carried forward the baton of success and high standards typically displayed by Pakistani cadets at Sandhurst.

RMAS is the training hub for all British army officers. Every year, the academy holds three Sovereign's Parades to mark the passing out of its cadets from Senior Division.

Amongst the awards handed out to outstanding cadets, the overseas Sword of Honour is awarded to the Cadet considered by the Commandant to be the best amongst all Cadets sent in by foreign armies for the course.

Corporal Asad, a cadet at the Pakistan Military Academy in Kakul, expressed his resolve to serve the nation in line with the traditions of Pakistan Army.

He dedicated his sword to all
Contd. Pg 7

Two month haul: Railways claims it earned Rs2.92 billion

Areesha Irfan
BS43 3869

Pakistan Railways announced that it has earned Rs2.92 billion during two months due to its pro-passenger policies through introducing discount rates for them in trains.

period the previous year. PR had introduced a special discount on fare for rail-cars run between Lahore and Rawalpindi in Ramazan.

Railways had reduced fares by up to 60 per cent on several sections and trains which it claims has produced



According to PR sources, the department has earned Rs670 million more as compared to the corresponding

a positive result the income of the department.

Courtesy: Express Tribune

Official in Russia for strategic dialogue

Hira Aijaz
BS42 3733

Foreign Secretary Jalil Abbas Jilani was in Moscow on Wednesday for the first strategic dialogue between Russia and Pakistan.

The strategic dialogue marks a new phase in their relations that have been characterized by a long history of estrangement.

The two-day dialogue would cover a wide range of issues including exchange of views on regional and international developments, and discussions on economic, political and defence cooperation.

Pakistan-Russia rapprochement has been quietly in the works for the past three years. There have been a number of high-level exchanges, both political and military, during this period, which essentially helped the



two countries to move towards a reset in ties. The start of the strategic dialogue now lays the institutional framework for rebuilding the relationship.

Russian President Vladimir Putin was to visit Pakistan last September, but cancelled the trip at the eleventh hour due to unspecified reasons. However, the setback did not stop the normalisation process.

The Pakistan-Russia détente is driven by international

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Malala awarded 2013 Children's Peace Prize



Rabia Javaid
BS40 35223

Teenage activist Malala Yousafzai, shot in the head by a Taliban militant last October after campaigning for girls' right to education, has won the prestigious International Children's Peace Prize, KidsRights announced.

The Pakistani 16-year-old will receive the award from 2011 Nobel Peace Prize winner and women's rights campaigner Tawakkol Karman at a glittering ceremony in The Hague on September 6, the Amsterdam-based organisation said.

Malala "risked her life in the fight for access to education for girls all over the world," KidsRights said in a statement.



"By awarding the 2013 International Children's Peace Prize, KidsRights shines the spotlight on a brave and talented child who has demonstrated special dedication to children's rights," it added.

The passionate advocate for girls education was shot in the head by a Taliban gunman while on a school bus near her home in Swat Valley last year.

She was given life-saving treatment in Britain where she now lives, but the attack galvanised her campaign for

Contd. Pg 7

Ziyad Rahim achieved the 'Marathon Grand Slam'

Zoha Peracha
BS41 3681

Pakistani Adventure Runner Ziyad Rahim achieved the 'Marathon Grand Slam' in 41 Days and 20 hours to earn himself a place in the record books. He set the fastest time to complete a marathon on each continent and the North Pole. Ziyad ran these eight marathons in aid of CARE Pakistan. The race details of the eight marathons he ran are as follows:

Marathon 1 - Punta Arenas Marathon, Chile, South America, 26/02/13 - 5:38.09

Marathon 2 - White Continent Marathon, King George Island, Antarctica, 27/02/13 - 5:56.58

Marathon 3 - Cyprus Marathon, Cyprus, Europe, 10/03/13 - 4:46.45

Marathon 4 - Los Angeles Marathon, USA, North America, 17/03/13 - 5:02.52

Marathon 5 - DUAL Trial Marathon, New Zealand, Australasia, 23/03/13 - 5:59.14

Marathon 6 - Two Oceans Marathon, South Africa, Africa, 30/03/13 - 6:49.59

Marathon 7 - Dead Sea Marathon, Jordan, Asia, 05/04/13 - 4:32.53

Marathon 8 - North Pole Marathon, Arctic Ocean, North Pole, 09/04/13 - 8:41.58

The timing for this record began when Ziyad started his first marathon in Chile and ended when he crossed the line of his last marathon in the North Pole.

Courtesy: Good News

Chinese hospital ship leaves for India tomorrow

Zoha Peracha
BS41 3681

"Peace Ark, carrying the friendly sentiments of Chinese people, arrived in Karachi to be given a warm welcome by the friendship tides of Pakistan," said Mission Commander Rear Admiral Shen Hao at a media briefing with Commanding Officer of PNS Shifa Commodore Mohammad Ayub Sabir on the deck of the ship at the Karachi Harbour on Friday.

The Chinese Navy hospital set sail from Zhoushan in Zhejiang province of China on June 10 to carry out 'Mission Harmony-2013'. It visited Brunei's port of Muara and the Maldives' port of Male before dropping anchor at Karachi on July 29. From here it will leave for Mumbai on Sunday and will also visit Chittagong in Bangladesh, Thilawa in Myanmar, Jakarta in Indonesia and Sihanouk in Cambodia.

"Besides providing free medical service at all the ports we visit, we will also be attending the expanded meeting of the defence ministers of



ASEAN (Association of South East Asian Nations) and participate in humanitarian aid and disaster relief exercises involving military medical experts. We will travel to the Gulf of Aden to provide medical services for Chinese and foreign naval personnel on escort missions and participate in a joint voyage of multi-national navies organised by the Indonesian Navy, said Rear Admiral Shen Hao.

Commodore Ayub Sabir said he appreciated the good gesture of the Chinese Navy to send "the dedicated purposeful ship Mission Harmony. There are only a few such ships with some navies of the world and Peace Ark's visit provides us with a unique opportunity to learn about the working of a hospital ship firsthand. It is a pleasure interacting with the medical and other personnel

Two brothers from Gojal set new record in mountaineering

Mahesh Raja Manglani
BS43 3824

Descending a peak is considered as dangerous as ascending one – which is why mountain climbers take the same amount of time to descend as they would take to climb. However, in July two brothers from Gojal Valley in G-B achieved a new feat when they descended four 6,000-metre high mountains in a few minutes – all within a week. Niamat Karim, 27, and his 15-year-old brother Mansoor Karim scaled the 6,000 metre-high Quz Sar and Qol

peaks located in Gojal on July 10. The climb to the summit took them three hours, but they made it to the base camp in less than 20 minutes. Two days later, the duo ascended the summit of the 6,050-metre high Mingling Sar in a six-hour long trek and returned back to base camp in 17 minutes. "It's called Alpine skiing and is a relatively new sport in Pakistan," said Niamat, a resident of Shimshal Valley, Gojal who has been associated with mountaineering for the past 13 years

Courtesy: Good News

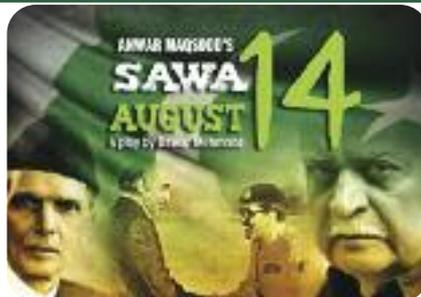


Sawa 14 August Play At Arts Council Karachi

Areesha Irfan
BS43 3869

“Sawa 14 August” a play produced by KopyKat Production and directed by Dawar Mehmood. It the sequel of Anwar Maqsood’s super hit play “Pawnay 14 August”. In this play Zulfiqar Ali Bhutto and Zia-ul-Haq confronting Quaid-e-Azam face-to-face in a political commentary. According to the producers this play “Sawa 14 August” is silent message for the are sleepy, ignorant and impolite public and the leading political leaders of Pakistan.

“Shattered Dreams” is the Original Soundtrack (OST) of this play which has been composed and arranged by Abbas Ali Khan. Taimoor Mirza have mixed and



mastered this song. Tickets of “Sawa 14 August” are available at Butlers Chocolate Cafe, Zamzama.

The play is running to packed audiences and has lately completed its 50th screening. After karachi it will be shown in other major cities of Pakistan.

Courtesy: Dawn

Pakistani cinemas back to boom

Hira Aijaz
BS42 3733

For moviegoers in Karachi, phase VIII in the defense Housing authority is all set to become the “it” destination with the launch of the Neuplex complex, which claims to house the biggest screen in the country.



“We are all striving to make it to the big screen,” said Faisal Rafi, the music producer turned cinema installation consultant as he walked through the halls of what is said to be Pakistan’s biggest cinema complex. Rafi’s transition into the cinema business is fairly recent – till a year back he was known for guiding people through his studio where one could listen to the unfinished tracks of the likes of Strings and Karavan.

The Neuplex complex is located in an entertainment Centre, called “The Place”, which is situated in Khayaban-e-Shaheen. The complex has five theatre halls – 270 seats in cinema 1, 360 seats in cinema 2, 275 seats in cinema 3, 148 seats in cinema and cinema 5, which is a luxury cinema, has 48 seats.

According to Rafi, the standard cinema seats are of 18 inches but they have chosen to go for a 21-inch-seat which why where there could have been four to five hundred seats in the hall, there is a lot less.

“Experience is the key here,” he explained. “We could have easily stacked up people but that would have been tiring, especially when a major chunk of the movies come from Bollywood which are three hours long.”

Courtesy: Express Tribune

Tenth grader releases 11th album on Eid

Yusra Khan
BS41 3667

Jawad Hussain, a student of grade 10, has released his 11th Pashto album titled Khukalee Kharsagee Pa Dalarro (The beauty is worth a dollar) for Eid.

Hailing from a traditional music family, Jawad launched his singing career in 2010 while still in grade 7 with his debut Pashto album Da Khkulo Bachayee Da (The beauty rules).

Teenage Jawad gives equal time to both his studies and music practice though he has opted for science subject in a private English medium school in Peshawar. He has learnt playing harmonium from his father at home and wants to do master in Pashto music if given a scholarship.

The audio-video CD has been shot at beautiful locations near Kakasahib, Nowshera district to correspond to the lyrics and imagination of the poets. The CD is expected to find a good market in Afghanistan and Gulf States besides



local music charts in Peshawar. Jawad has released 10 albums in Pashto and this one is his 11th release in his early teens.

“I belong to a music family migrated from district Swabi to Peshawar many years ago. I have a natural penchant for music as it runs through my family blood. I used to participate in singing competition in school while I was in grade 3 but my parents were reluctant to allow me to pursue my career in

Contd. Pg 6

Contd. Swat Host

valley. There is no threat to tourists," he said, adding that people from across the world can come and enjoy the serenity and natural beauty. Asad Ali Buner, an international golfer agreed with Imtiaz.

"Organising the golf tournament proves that peace in Swat has returned and life is on the track of normalcy," said Buner, adding that the golf course in Kabal is the best one. The tournament will run till August 31.

Courtesy: Express Tribune

Contd. Greenwich University

Minister and President also address and talk about the day's significance. Streets and houses are decorated with candles, oil lamps and pennants. Firework shows are put together on the eve of Independence Day.

Radio and television stations broadcast national songs and specially prepared Independence Day programs. Events held during the day include special theatre shows, national song competitions, concerts, and at times educational institutes even arrange small events on that day.

Our university, Greenwich organized a small gathering to celebrate the independence for all the students and faculty on 14th August at 9:00am. The event was well organized and started with the name of Allah. Later the national anthem was played and sung. The flag raising ceremony also took part where the flag was raised by the Director and Vice Chancellor. The students sung songs while the audience enjoyed. Later a great variety of breakfast was served. Everyone was seen wearing green and white shalwar kameez. Green and white being the official colors where green symbolizes good fortune and prosperity while white represents peace.

Courtesy: good news

Contd. Pakistan release Indian prisoners as IT strives to

Pakistani Prime Minister Nawaz Sharif says better relations with India are key to restoring a fledgling economy but it is Pakistan's military that traditionally sets foreign and security policies, even during periods of civilian rule.

The prisoners, including fishermen detained for straying into what Pakistan sees as its waters over the past two years, were allowed to go home through the Wagah border crossing, between the Pakistani city of Lahore and India's Amritsar.

'Pakistan and India were one country in past, they should

compromise with each other and live peacefully like brothers,' said fisherman Kailash Nathu, 17, who was heading home after being arrested in January.

Another Indian fisherman, 30-year-old Shabbir Usman, said India should now release Pakistani prisoners.

'Pakistan and India should sign a treaty for not arresting innocent fishermen. If they sign such treaty, it would help strengthen friendly relations,' he said, surrounded by grinning colleagues as they approached the border crossing.

Courtesy: Dawn

Contd. Tenth greder releases 11th album on Eid

singing at that tender age as they wanted me to first complete my complete my education and then plunge into the arena of music which I believe is not everybody's cup of tea," he recalls.

Jawad says that cowing to his repeated requests, his parents clandestinely permitted him to release his debut Pashto album in early 2010 which broke all precious record of the Pashto music charts made earlier by child stars.

The teenage singer since then has been to Dubai and Kabul many a time and enjoys a widespread fame for his velvety voice.

One of his hit songs Mala Jawab Raka (Give me reply) became so popular among the music lovers that it earned the title of a Pashto movie in 2011 that did a thriving business.

"I was offered a minor role in a PTV play. I acted it out but my forte is singing.

There are some books on Pashto music but unfortunately they are for profes-

sionals. Therefore I have intention to do master level research on the historical evolution of Pashto music and also preserve our rich folk music through notation," the young singer wishes.

Commenting on the trend of emerging young singers he says that most have no background knowledge of music. They consider it only a source of entertainment and not a discipline of knowledge, he adds.

"Also many of the so-called young singers don't bother to receive a proper training from a perfect teacher. They depend mostly on computer software and I think it is not going to help them any longer. One has to learn its delicacies," Jawad says.

He adds that he likes folk songs but light ghazal touches his heart. "Mehdi Hassan and Ghulam Ali are my all-time favourite ghazal singers. In Pashto folk music, Rahim Shah is my source of inspiration. Pashto music has a thriving market," says Jawad.

Courtesy: Express Tribune

Contd. Official in Russia

developments in which both countries have policy convergences on a number of issues. Equally important is the fact that the détente is centred around growing defence relations between the two countries.

Army Chief Gen Kayani visited Russia for the second time last year and Russian ground forces chief Col Gen Vladimir V. Chirkin was here this month. Moscow had for long remained averse to developing defence cooperation with Islamabad because of opposition from New Delhi. *Courtesy: Express Tribune:*

Contd. SDC Elections in

the Pakistan.

Electronic systems with barcode readers and monitors to vote each individual were available.

It was well organized. There was no chance of "rigging (daandli)". Mostly, all the students visited the university to cast their vote and better arrangements for the voters/ students were available.

Courtesy: good news

Contd. Pakistan Army

martyrs and troops of the Pakistan Army currently engaged against terrorism.

The commissioning ceremony was attended by the High Commissioner of Pakistan and Army & Air Adviser at Pakistan High Commission Colonel Muhammad Zulfiqar Bhatti.

Courtesy: Dawn

Contd. Independence Day

to counterterrorism to promoting U.S. private investment and to Pakistan's own journey to economic revitalization.'

Courtesy: Express Tribune:

Contd. First Pakistani

best paratrooper of the batch of 24, the military said in a statement, while Captain Sadia, referred to by one name, became the first woman officer to jump from a MI-17 helicopter.

After three weeks' basic airborne training, which included exit, flight and landing techniques, the new paratroopers completed their first jump on Sunday and were given their "wings" by the commander of Special Services Group, Major-General Abid Rafique, the military said.

Courtesy: Dawn

Contd. Malala awarded

greater educational opportunities for girls.

Malala's brave fight back from her injuries and her speech at the United Nations in July have made her a leading contender for this year's Nobel Peace Prize.

But the response to her in Pakistan has been mixed, with many hailing her as a national heroine while others have criticised her for promoting a "Western" agenda. The International Children's Peace Prize, an initiative of the Dutch based KidsRights Foundation, was launched in 2005 by former Soviet leader Mikhail Gorbachev, when he chaired the Summit of Nobel Peace Laureates in Rome.

It carries a cash value of 100,000 euros (\$133,000) that is invested in projects relating to the winner's cause.

Last year's winner was 13-year-old Cris "Kesz" Valdez for his work with Filipino street children while he himself was destitute.

Cris received the prize from South African peace icon and Nobel Peace laureate Desmond Tutu, who is the award's patron.

Courtesy: Express Tribune

Contd. Misbah-ul-Haq leads Pakistan to series victory vs Zimbabwe

in the game as Pakistan posted a total of 260 for six, before bowling Zimbabwe out in 40 overs to win by 108 runs and complete a 2-1 series victory.

The series decider had been cast into doubt after Zimbabwe's players threatened to boycott the match over unpaid salaries and match fees, but the home side took the field after setting a new ultimatum for the first Test.

For a side with off-field distractions, the Zimbabweans started surprisingly well in the field after Brendan Taylor had won the toss and asked Pakistan to bat on a slow surface.

The tourists made a circumspect start with openers Ahmed Shehzad and Nasir Jamshed putting on 66 for the first wicket at a sluggish pace, and the innings became stilted when Jamshed departed and Mohammad Hafeez was forced to retire hurt soon after.

Although Misbah at one stage

appeared overly cautious in scoring just 16 from his first 45 deliveries, the tactic was vindicated as the stability it provided allowed Pakistan to score 120 in the final 13 overs.

"I was really struggling because the ball wasn't coming onto the bat," said Misbah.

"There was a bit of inconsistent bounce and inconsistent pace, so I just made sure we played all 50 overs and if we could score 250 or more that could be really defendable on this pitch."

While Shehzad contributed 54, Umar Amin was crucial in adding momentum to the innings as he struck a brisk 33, while Sarfraz Ahmed and the returning Hafeez also weighed in during a late flurry that lifted Pakistan to a solid score.

Zimbabwe's reply never really got going, and was hampered by run-outs to key batsmen.

Captain Brendan Taylor made

a promising 26 before Misbah's direct hit accounted for his opposite number, while Sean Williams was also dismissed by the Pakistani skipper.

After Zimbabwe had collapsed to 87 for six in the 23rd over, Malcolm Waller and Prosper Utseya put on 58 for the next wicket before the latter was run out in a mix-up.

Waller was the last man out for 48 when he got a leading edge off the bowling of Saeed Ajmal, as Zimbabwe were bowled out for 152.

"We were definitely up for it today and we restricted them to a total that we felt comfortable chasing, but there was maybe a bit of panic there when it was time to chase it down," Taylor said.

"All in all I think we can take a lot of heart out of the series - they came back strong as we expected, but there were definitely a lot of positives we can take away."

Courtesy: Express Tribune

Contd. Chinese Hospital ship leaves for India tomorrow

on the ship and we are also holding joint workshops here on board as well as at PNS Shifa," he said.

Earlier, members of the media were given a tour of the ship and its many well-equipped sections and departments. The ship's task includes treatment and evacuation of injured and sick personnel at sea and medical support for troops stationed on islands and atolls. It also participates in medical science research, experiments and exercises, international peacekeeping, humanitarian aid, emergency response and rescue in times of disaster as well as the evacuation and protection of overseas Chinese.

The ship, 4,000 square metres in size, includes seven offices for doctors, eight

nurse stations, eight operating theatres and 20 intensive care units in addition to 300 beds. It has a medical crew of 100. There has been a continuous flow of patients at the Peace Ark from the moment it reached Karachi. The media teams were allowed to meet some of the patients admitted there after surgical procedures carried out on the ship. Patients are initially received in the reception area, which also serves as a triage area where the nurses in pink uniforms access the patients before directing them to the dentist, eye, ENT, skin, acupuncture or other specialists on board. In the laboratory, the visitors were informed by the staff in light-blue uniforms that the ship carried at least 200 pints of blood of various groups at all times.

In the medical information room, a team of medical experts can monitor any procedure being done on the ship while communicating with the doctors in the operating theatres to give them their advice. In the case of a more complicated case, they can connect with hospitals in China as well.

All patients on board the ship spoke to the doctors through smart interpreters, mostly women. The information taken from the patients was then translated back into Chinese for the doctors. Dou Mei, one of the interpreters when spoken to in English, smiled and replied in clear Urdu: "Aap Urdu main bhi baat ker sakti hain. I understand and speak your beautiful language thora thora."

Courtesy: Dawn



Nofil Remains Asia's No. 1 U-14 Player

Areesha Irfan
BS43 3869

Syed Nofil Kaleem continues enjoying No 1 ranking in U-14 category not only in Pakistan but also in Asia, which is a great honour for the country and entire nation.

According to the latest rankings issued by Asian Tennis Federation (ATF) on July 29, Nofil with total 1,365 points continues to be on the top of the rankings. He is the first Pakistani to become Asian U-14 champion after playing in eight tournaments in which he won two ATF singles titles, remained runner-up in three and winning three doubles titles. The young lad distinctly excelled and produced consistent performances, which helped him in retaining the top slot.



In an exclusive interview with The Nation on Saturday, Nofil said: "I am now targeting the ITF juniors and intend to participate in the circuit this year to play in Jordan, South Africa, Kuwait, Bahrain and Colombo. I have completely stopped in participating in U-14 features and now regularly playing juniors U-18 as well as seniors event at the national level."

Courtesy: Dawn

Martial artist breaks two world records in Saudi Arabia

Hira Aijaz
BS423733

Saudi Gazette – Mohammed Alshoaiby

Tae Kwan Do black belt Ahmad Amin Bodla, 21, broke two Guinness World Records on Wednesday in Riyadh, Saudi Arabia.



The first record was for "number of kicks in three minutes," breaking Indian master Sidhu Kshetri's world record of 620 kicks with 783 kicks with one leg.

Courtesy: good news

Swat to host first golf event in 20 years

Yusra Khan
BS41 3667

For the first time in 20 years, Swat will be holding a national golf tournament featuring 200 players from across the country, starting today in Kabal.

Among the 200 participants, 54 professionals, 27 senior professionals, 45 amateurs and seven senior amateur including other players will vie for the prestigious title.

The venue for the event is the Cedar Golf Club, which, according to the Khyber-Pakhtunkhwa (K-P) Golf Association Secretary, Colonel (retd) Shahadat, was constructed by the then crown prince Mi-angul Aurangzeb in 1964.

"Tournaments and matches used to be played here regularly and players from across the country participated," he said. "However, since 1992, no match or tournament has been organised here."

The Cedar Golf Club has the largest golf course in the province with a spread over 122 acres.



According to the club's officials, the course deteriorated during the three years of militancy in Swat, however, rehabilitation work done by Pakistan Army and the district's administration brought it back to its best shape.

"The course is now ready for all kinds of golf events. It has a pleasant environment," he added.

He said he hoped to organize a golf tournament in Swat every year.

Syed Imtiaz Hussain, Deputy Commissioner Swat said that the tournament will help boost the tourism industry in Swat.

"It will send a positive message to the international community about peace in the

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Misbah-ul-Haq leads Pakistan to series victory vs Zimbabwe

Syed Umaid Raza
VS43 3845

Captain Misbah-ul-Haq scored a steady half-century and effected two crucial run-outs as Pakistan clinched the one-day series against Zimbabwe with a sizeable win in Saturday's third and final match.

Misbah's 67 proved to be the top score
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