

The Independence Day

Pakistan's Independence Day, which is annually held on August 14, marks the country's independence from the British rule on that date in 1947. This day is an occasion to celebrate freedom, promote patriotism and national unity.

Independence Day is an official holiday in Pakistan on August 14. All governmental, non-governmental offices, organizations, educational institutions, post offices, and major markets are closed.

People all over Pakistan celebrate Independence Day with patriotic zest. Many people who attend the Independence Day parades dress up in green and white, which are the Pakistani flag's colors. People visit national monuments and places of national significance to celebrate the Independence Day.

Pakistan's national flag is hoisted on public & private buildings, residences, educational institutes and monuments at dawn. Official buildings, including Parliament House, are decorated and colorfully lit. Streets and houses are decorated with candles, oil lamps and pennants. Firework shows are put together on the eve of Independence Day. The president and prime minister address and congratulate the nation and talk about the day's significance.

Pakistan's Independence Day also pays homage to people who devoted their lives for Pakistan's freedom movement and made sacrifices to attain Pakistan's independence. A change of guard takes place at national monuments, including the mausoleum of Muhammad Iqbal, who was a poet, philosopher, and politician, along with the person being responsible to divert the attention of the Muslims of the sub continent towards a separate nation, Muhammad Ali Jinnah, the founder of Pakistan and known as Quaid-i-Azam (The supreme leader).

Events held during the day include special theatre shows, national song competitions, concerts, and Independence Day pageants. Radio and television stations broadcast national songs and specially prepared Independence Day programs.

By Abdullah Sheikh
BS433808

Positivity in Pakistan: “Competitors and Heroes of Pakistan”

With so much of negativity and criticisms surrounding Pakistan, we seldom get to witness the innocence, love and purity of its natives. Their stories of bravery, struggle and triumph somehow get overshadowed as the Nation gets defamed for Terrorism and corruption every now and then.

Well! We all are aware of this famous proverb "where there is a will there is a way" the bright stars of our Nation find their way out from the darkest hours and shine that Green light around the Globe.

Dr. Umar Saif:



Dr Umar Saif was named one of the top 35 innovators of the world who are radically transforming technology at the Massachusetts Institute of Technology in August, 2011. Along with being known for his work on using Information and Communications Technology solutions for developing world problems, he is also a part of the faculty at the Lahore University of Management Sciences, the founding vice chancellor of the Information Technology University, Punjab and established one of the first start-up incubators in Pakistan.

Ayesha Farooq:



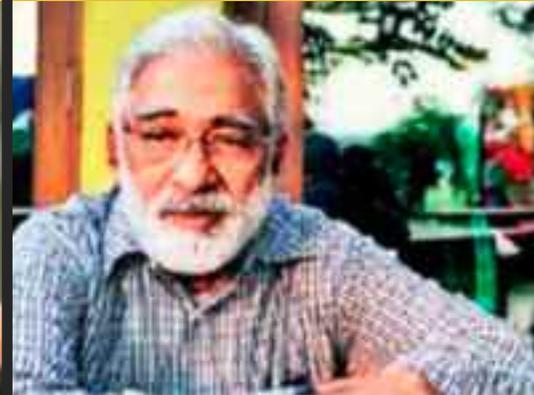
The sky was never the limit for 26-year-old Ayesha Farooq who created history by becoming the first woman assigned to one of Pakistan's front line fighter squadrons. Hailing from Bahawalpur, she is one of the 19 women who have achieved the rank of pilot in the Pakistan Air Force over the last decade — there are five other female fighter pilots but they have yet to take the final tests to qualify for combat.

Mehak Gul:



Thirteen-year-old Mehak Gul is the youngest Pakistani to have qualified for the World Chess Olympiad. Gul, who started playing chess at the age of six, has also won several provincial and national chess championships.

Karamat Ali:



Karamat Ali, the executive director of The Pakistan Institute of Labour Education and Research (PILER), was awarded the South Asia Peace and Justice Award in India for his role in leading peace and labor movements in Pakistan and linking them with their regional and global counterparts.

Waqas Ali:



When young entrepreneur Waqas Ali saw experienced craftsmen from small towns in Pakistan losing business because they could not keep up with the changing times, he decided to step in. Ali launched Hometown Shoes, an online shoe store that has not only generated business but has also preserved a century-old craft that would have been lost otherwise.

Theatre Play By Greenwich University Students on 14th August



On 14th August 2015, the independence day that has been a tradition of Greenwich University to celebrate the freedom of our beloved nation. University organized several competitions i.e. Tilawat, mili nagma and theater.

After flag raising ceremony students performed on different national songs. The play named 'Abba se Azadi' was performed first, that consisted of brothers who are fed up from their father's every year tradition of celebrating 14th August, where the youngest son argues with his father on not going to Quaid's Mazar and breaks the long gone tradition in the family. Eventually both the brothers realize their wrong doing when Sultan Bhai the antagonist of the play tries to persuade them of doing something that might get them into some serious trouble, the play was appreciated by the audience present at the venue.

The other play that was performed which won the competition and succeeded to bag a winning amount of ten thousands rupees. The play portrayed two events that showed the sacrifices of our country's army men who are day and night fighting within and on the borders of the country, giving their lives for the sake of this nation that we live in. The second play "Inam Ghar" which was mimicked - a highly acclaimed television reality game show that is much hyped these days that showed we don't care anymore for these sons of our nation and all we are interested in is winning some worthless gifts from TV shows which was a realization point that made the audience feel the passion that was somewhere in the hearts of them for their nation. It was again revived by the help of both of these plays. The responses for both of the plays were really positive and made an impact on the audience.

By Laraib Khan
BS43 3822

TOUSEEF WINS GOLD MEDAL IN THE CYCLING

Special Olympian cyclist Touseeful Hasan, who bagged gold medal in a 10-kilometre race at the Long Beach in Los Angeles.

According to the information made available here, his timing was 22:58:90 as silver medallist Albalooshi Moosa of the UAE was only less than two seconds behind with 23:00:16.

Six cyclists competed in this division competition.



By Abdullah Sheikh
BS433808

16-year-old Pakistani wins Dota2 championship in Seattle



Sumail Hassan, from Karachi left a mark on the world by and by on Saturday when he helped his group “Evil Geniuses” win the Dota 2 International 2015 competition in Seattle.

Sumail, 16, who moved from Pakistan to Illinois pursuing his fantasies of being an expert gamer and is most known for playing a capable power based champion for the group, said subsequent to winning the competition, "It simply meant the world to me."

Before the end of finals in Seattle, five players, including the 16-year-old, turned out to be more than a million dollars wealthier.

Fans wandered the coliseum dressed as their most loved in-diversion saints, thundered as the group "Evil Geniuses" secured the title, wiping out their foes with an earth-shaking crush and an overwhelming impact of ice.

Groups of feature gamers playing characters running from wizards to beasts traded virtual punches, fireballs and lightning strikes in the course of recent days, fighting at the headliner of the Dota 2 International 2015 competition in Seattle.

Presently in its fifth year and playing to a sold-out group in the 17,000-seat Key Arena, the International has developed consistently in size, prevalence and conceivable rewards for players. The competition propelled in 2011 with a then-historic fantastic prize of \$1 million and now offers a \$18 million prize pool.

Computer games have long been a moneymaker for the tech era, figure to produce some \$111 billion in income this year by specialists Gartner Inc. Be that as it may, in the course of recent years, playing them has transformed into a full-time work for a chosen few top-level players, as interest and prize pools have swelled.

As indicated by Valve, the distributor of Dota 2, around 11.5 million clients sign on month to month to play the diversion, in which two groups attempt to pulverize one another's bases in an online stadium. Players and groups went to the United States from China, South Korea, Ukraine, Russia and somewhere else to seek an offer of the prize pool – with generally \$6.6 million heading off to the triumphant five-player squad. Despite the fact that while the competition was worldwide in degree, the home group Evil Geniuses drew the most backing, with fans droning "U-S-An" and "E-G" with every stupendous play.

Tickets during the current year's occasion sold out and hundreds have enrolled to go to supposed "Pubstomp" seeing gatherings at bars and web bistros in urban areas from Los Angeles to Sandy Springs, Georgia. Ben Mussett, 24, drove two days from his local Ohio in an auto stuffed with companions. He said he discovered watching computer games, which he and other youthful fans allude to as "eSports," more engaging than conventional observer games like b-ball and football.

"Conventional games are slightly exhausting," Mussett said, "eSports are what's to come." His buddy, 24-year-old Becca Eagen, agreed: "I've never watched or delighted in games the way I've appreciated this".

Cycling through World's heaven – Neelum valley



Aurangzeb (a local shop owner) along with his two friends decided to visit Neelum valley all the way to Muzaffarabad. But this time they decided to complete their trip on bicycles. The inhabitants of Neelum valley were not accustomed to seeing bicycles, let alone three boys in shorts riding them through the mountains

Neelum valley is quite simply a piece of paradise. The mountains are accessible and everything in the valley; from flora to fauna, has a softness in it. When the river gushes down the incredible green slopes, time slows down and everything has a calming effect on the senses.

“Our journey began from Taobat, the eastern most place on Neelum valley. It is a small outpost with three very small guesthouses, surrounded by a pine forest. The road to Taobat is almost nonexistent. The only way to get here is by jeep or by a bus and then they reached to Kel, Muzaffarabad and finally we reached to Neelum” said Aurangzaib.

He added, “The image, we carried with us as we got on a bus to Islamabad. That mountain sliced like cake, and a calmness we will not forget”. These three guys proved that nothing is impossible. They almost traveled a long way to heaven, Neelum valley.

They have taken amazing photos while traveling to Muzaffarabad and Neelum. The view was breathtaking and mesmerizing.

By Sidra Syed
BS41 3696

Courtesy Express Tribune

Polish photographer takes a drone to K2



The frosty tundra of Baltoro icy mass and K2 can be a standout amongst the most cold spots on Earth. Be as it may, in uncommon minutes, it can likewise be a standout amongst the most delightful.

This scene excellence was caught by Polish enterprise picture taker David Kaszlikowski as a feature of his undertaking to the Karakoram district to shoot for a narrative.

In augmentation to utilizing a portion of the best imaging devices monetarily accessible, a Canon 5D Mark III for Kaszlikowski's situation, he likewise sent an automaton to completely catch the excellence and magnanimity of the Baltoro, one of the biggest icy masses on the planet.

He figures out how to catch the ice sheet and the mountain in a way never seen.

By Abdullah Sheikh
BS433808

Courtesy Express Tribune

Shahid Afridi has been nominated among top 20 most charitable athletes of 2015

Pakistan T20 captain Shahid Afridi has been nominated among top 20 most charitable athletes of 2015, according to a press release from Shahid Afridi Foundation.

After earning his name and fame in cricket, Afridi set a new record in welfare works as he established his Shahid Afridi Foundation (SAF) in March 2014 with the aim of improving and enriching the lives of the underprivileged.

Afridi has been named in DoSomething.org's list along world renowned athletes such as Cristiano Ronaldo, John Cena, Serena Williams, Yuna Kim, Neymar Jr, LeBron James, Maria Sharapova, Mo'ne Davis, Richard Sherman and others.

The foundation started by the cricket star aspires to upgrade the quality of life of common man by imparting free education and basic healthcare. The foundation has also been providing the poor with medical facilities free of cost in Kohat, covering as many as 14 villages.

Real Madrid and Portugal ace footballer Cristiano Ronaldo topped the list for his work for various causes, including donating more than \$83,000 to a 10-year-old fan in need of brain surgery and giving more than \$165,000 to fund a cancer center in Portugal that treated his mother. Here is the complete list of the top 20 charitable athletes:

- 1) Cristiano Ronaldo
- 2) John Cena
- 3) Serena Williams
- 4) Yuna Kim
- 5) Neymar Jr.
- 6) LeBron James
- 7) Heather O'Reilly
- 8) Maria Sharapova
- 9) Mo'ne Davis
- 10) Richard Sherman
- 11) Meryl Davis & Charlie White
- 12) Dan Carter
- 13) Roman Reigns
- 14) Ronda Rousey
- 15) Lindsey Vonn
- 16) Tom Daley
- 17) Bethany Hamilton
- 18) Saina Nehwal
- 19) Paul Rabil
- 20) Shahid Afridi**

By Abdullah Sheikh
BS43 3808

Courtesy Dawn



Sanath Jayasuriya visits Army Public School

The enthusiastic batsman is known in Pakistan as an expert for a state-run games channel. Pakistan team visited the Island where they have won the Test and ODI arrangement and are 1-0 up in the two-match T20 arrangement.

Former Sri Lankan skipper Sanath Jayasuriya communicated positive thinking; that after the Zimbabwe arrangement prior 2015, more universal cricket matches would be held in Pakistan and said the security circumstance was enhancing in the nation.



Former Sri Lankan left-hand batsman Sanath Jayasuriya went to Army Public School Peshawar amid his one-day visit to the city. Jayasuriya additionally took a tour of Murree and Nathiagali during a period when worldwide groups are not prepared to visit the nation on account of the security conditions.

The 46-year-old, who is in Pakistan for the progressing arrangement in the middle of Pakistan and Sri Lanka as an examiner for a games TV channel, was conversing with journalists.

Jayasuriya, who played 110 Tests and 445 one-day internationals in a profession that finished four years prior, said Pakistan is presently a more secure spot. "Pakistan is a peace-cherishing nation and individuals here respect peace," he said.

"There is nothing to stress (about) here and life is presently typical, so I trust Pakistan (will) have more worldwide cricket in future." Jayasuriya's Sri Lanka too had been desolated by militancy and a common war with the Liberation Tigers of Tamil Eelam (LTTE) which finished in 2009, to a limited extent on account of Pakistan.



By Fareeha Jabir
BS43 3817

Courtesy Express Tribune

HONY Visits Pakistan

Leaves a Mark on the Hearts of Millions



The world renowned New York blogger Brandon Stanton, who runs the page “Humans of New York”, visited Pakistan in July/August 2015. His fan following consists of billions of people world-wide. His photographs each tell a story, a side of a person which maybe unknown to others.

Last year Brandon had visited a number of states, unfortunately he was unable to visit Pakistan due to some visa issues. However, he had promised that he shall next year, and he fulfilled it.



He showed a different side of Pakistan, one that did not consist of terrorist killings or attacks or petty crime. He showed the beauty of our northern areas, the heart of gold of many people, the sadness in a person’s eyes, the reason behind a person’s laughter. Brandon managed to capture each emotion and story perfectly and showed the world who we truly are.



His trip started with a visit to Hunza Valley and then he made it down all the way to Karachi, visiting many big cities and small ones on his way. He met different people, with different backgrounds, all having a different tale to tell. He managed to set up various online fund-raising foundations for those in need.

Brandon is what some may say “God sent”. He came to Pakistan to meet and make memories and show the world who we really are, and he did that beautifully. His fan-following left positive comments on the pictures and now people know that we aren’t just fanatics who are imposing our religion on others; we are human beings, living a battle and surviving each day with a smile on our face.



By Fareeha Jabir
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Positive Post is published to project positivity all around Pakistan amongst our youth and the entire nation. Our efforts are to inculcate patriotism and a sense of ownership in them. It is a compilation of news extracted by the students of Mass Communications and Media Studies of Greenwich University. Patron: Ms. Seema Mughal, (Vice Chancellor); Editor: Abdullah Sheikh (Student), Sub Editor: Fareeha Jabir (Student); Graphics & Layout: Cozil Altaf, (Media Lab Coordinator)