October in History

October 7, 1954: Foreign Minister Ch.Zafarullah Khan becomes a member of the International Court of Justice.

October 27, 1959: President General Ayub Khan becomes Field Marshal.

October 28, 1964: Pakistan's hockey team wins Silver Medal in Tokyo Olympic games.

October 26, 1968: Pakistan becomes Olympic Hockey Champion, winning over Australia 2-1.

October 24, 1971: Pakistan wins World Hockey Cup defeating Spain 1-0 at Barcelona.

October 28, 1972: President Bhutto inaugurates Karachi Nuclear Power Plant (KANUPP).

October 5, 1975: Pakistan and Bangladesh agree to establish diplomatic ties.

October 15, 1979: Dr Abdus Salam, eminent Pakistani Scientist, is awarded Physics Nobel Prize.

October 16, 1985: National Assembly adopts Eighth Amendment Bill

October 21, 1987: Jan Sher Khan wins World Open Squash Championship for the first time.

October 1, 1989: Pakistan rejoins Commonwealth.

October 20, 1989: SAF Games open in Islamabad.

October 19, 1993: Benazir Bhutto is elected Prime Minister by 121 votes.

October 17, 2004: Pakistani physician Dr. Muhammad Saeed Fazal Karim Beebani sets new Guinness world record for having the smallest Qur'an of the world.

Pakistan Welcomes Positive Statements Emanating from US on its Relations with Pakistan



Foreign Office has welcomed positive statements emanating from the United States about relations with Pakistan.

At his weekly news briefing in Islamabad today, Foreign Office Spokesperson Nafees Zakariya said there has been positive developments recently in our relations with the US.

He said the Prime Minister Shahid Khaqan Abbasi met with the US Vice President in New York followed by Foreign Minister's visit to Washington and the US delegation's visit to Islamabad.

He said during these talks, both sides agreed to stay engaged for addressing the common challenges.

Foreign Office Spokesperson said another US delegation is expected to visit Islamabad. He said the recovery of Canadian-Amer-

ican family has added optimism to the relations.

Nafees Zakariya also appreciated the recent statement of the US President Donald Trump in which he stated that his country is beginning to develop better relations with Pakistan.

Responding to a question, the Foreign Office Spokesperson said Pakistan has taken indiscriminate action against all terrorist groups.

However, he reminded that the terrorists are operating from the ungoverned places in Afghanistan.

To a question, Nafees Zakariya said discovery of mass graves and fake encounters in occupied Kashmir belie the Indian allegations of cross border infiltration.

The spokesperson condemned the ongoing Indian atrocities in

occupied Kashmir and illegal detention of APHC leaders.

Responding to another question about China Pakistan Economic Corridor, the spokesperson said the project is aimed at enhancing connectivity.

About US-Iran tension on Tehran's nuclear program, Nafees Zakariya said Pakistan believes that all sides should honor their commitments and work out issues through peaceful means.

Courtesy: Radio Pakistan

What's inside:

- LHC CJ inaugurates special court to deal with harassment of women cases
- Abbasi becomes first Pakistani
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- Dollar set to lose value in the open market
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Positive Post is published to project positivity all around Pakistan amongst our youth and the entire nation. Our efforts are to inculcate patriotism and a sense of ownership in them. It is a compilation of news extracted by the students of Mass Communications and Media Studies of Greenwich University.

LHC CJ Inaugurates Special Court to Deal with Harassment of Women Cases

Lahore High Court (LHC) Chief Justice Mansoor Ali Shah on Monday inaugurated a special court that will deal with cases pertaining to harassment of women.

Additional and Sessions Judge Rehmat Ali will hear the first case at the court, sources told The Express Tribune.

SC is concerned over rising women harassment cases.

Over 400 cases of torture and harassment of women are being heard in different city courts – 100 of which have been transferred to the special



court in the first phase. Sexual harassment is an underrecognised global human rights violation that disproportionately affects women and girls every day. There is a high

risk of sexual victimisation in public spaces in low- and middle-income countries, where women and girls are increasingly entering the public domain.

Harassment at workplace: K-P has two months to appoint ombudsperson.

Pakistan, the sixth most populous country in the world, is ranked 125th out of 169 countries on the Gender Development Index and 99th out of 109 on the Gender Empowerment Measure.

Courtesy: Express Tribune

K-P to Expand Family Care Centres in the Province

Health officials say plans underfoot to make blood testing mandatory for surgeries.

As a new surveillance report revealed that there are over 100,000 people infected with HIV across the country, the Khyber-Pakhtunkhwa government has decided to establish Family Care Centres at divisional headquarters across the province.

The Integrated Behavioral and Biological Surveillance report had revealed that 123,000 people were infected with the immunodeficiency human virus (HIV) and the acquired immunodeficiency syndrome (AIDS) across the country. Of these, the survey found, around 56,000 cases were confirmed in Sindh including some 24,000 in Karachi alone, 64,000 from Punjab, and around 10,000 from Khyber-Pakhtunkhwa (K-P). The rest were confirmed in Balochistan.

Interestingly, the K-P government had been basing their information on a 20 year old survey which stated that there

were around 2,900 people in the province who were infected with HIV AIDS.

With the new survey offering greater details of the infection, provincial health officials say they are now better positioned to deal with the situation.

Dr Ayub Roz, who has been leading an integrated programme for HIV/AIDS, hepatitis and thalassaemia in the province, said that they were now also working with the prisons department since a number of cases had been re-

ported from the jails.

He added that they were working with donor agencies to distribute screening kits at prisons across the province.

"People have always been hesitating to come forward [to acknowledge HIV infection] and it always ends in a silent death, apart from transferring the virus from one person to another," Dr Roz told The Express Tribune adding, "the only reason for refusing to screen is the stigma, since once diag-

nosed with HIV/AIDS, patients are mostly isolated by society."

Health officials said that they had planned to organise mandatory screenings for hepatitis B, C and HIV/AIDs before conducting any surgical procedure. They said that a summary has been drafted in this regard and will soon be sent for approval from the concerned government officials.

"You cannot even think about going for surgeries without screening for these diseases in developed countries and it was highlighted by medics since they fear a transfer of the virus [from patient to patient]," he explained.

The newly set up family centres have been offering screening facilities to people in select districts. The provincial government, though, has yet to establish such centres at other divisional headquarters even though a decision in this regard has been taken.

Courtesy: Express Tribune



International Cricket Returns to Pakistan

The sense of excitement was palpable on this warm, smoggy evening as cricket fans queued for hours outside Gaddafi Stadium in Pakistan's Lahore.

Despite the long lines, people of all ages waited patiently for their security cards to be checked before entering the stadium to watch the highest-profile international cricket match in eight years.

In 2009, the bus of the Sri Lankan national team was attacked by 12 gunmen in Lahore while heading to the stadium. The attack left eight people dead and seven players wounded. Since then, no major Test-playing nation went to Pakistan due to security concerns.

But on Sunday, the returning Sri Lankan team received a hero's welcome - despite some of its major players pulling out of the match.

Government officials and cricket fans took to social media to thank the Sri Lanka players, while banners seen all across the city welcomed them to Lahore. Inside the stadium, fans held



posters and waved Sri Lankan flags as the teams entered the stadium.

The match took place against the backdrop of a large security operation. More than 10,000 security forces were deployed and Lahore was put on lockdown - all in order to prove that international cricket could once again be played in front Pakistan's passionate fans.

Pakistan scored a 36-run T20 victory over Sri Lanka, but this was a match where the result was only a small part of the equation.

Courtesy: aljazeera.com



Prime Minister Shahid Khaqan Abbasi became the first Pakistani premier to fly a military helicopter by taking the Turkish T129 for a test flight. Later, the PM told reporters that the T129 ATAK was an "impressive and good machine". To a question about Pakistan's plan to purchase T-129 helicopters manufactured by the Turk-

Abbasi Becomes First Pakistani PM to Fly a Military Helicopter

ish Aerospace Industries, Abbasi said, "Our army is evaluating the helicopter, and we are negotiating the contract and terms."

He added that the Turkish defence production industry was one of the best in the world and second to none.

Pakistan, Turkey agree to promote bilateral ties with focus on trade, economy.

He lauded the Turkish aviation industry as well as Turkish Pres-

ident Recep Tayyip Erdogan for the achievements in defence production.

Earlier, he inspected the helicopter and was briefed by Turkish aviation officials about the specifications and technical parameters of the combat chopper. Turkish Aerospace Industries CEO Temel Kotil told APP that T-129 was a light weight attack helicopter equipped with missiles and guns. "It's small and effective," he added.

Courtesy: Express Tribune

Fifth Int'l Karachi Conference to be Held on 27th

The fifth International Karachi Conference will be held from 27th to 29th October at the Arts Council of Pakistan. The three-day conference aims at to show-case current research and critical discourse on Karachi. The Karachi Conference not only examines questions that define the city's inner life today, but also global questions concerning social ecology, environmental degradation, and urban change. For the first time the conference

includes panels that showcase cutting edge student research to foster better understanding and concern for the city and its problems among the professionals of the future. Acclaimed activist and head of the Human Rights Commission of Pakistan, I. A. Rehman, will be the keynote speaker on 28th October. The recent decades of Pakistan's history have seen a time of undocumented social upheaval, unacknowledged by the dominant



discourse, which is almost exclusively focused on geopolitics. Moreover, there has been a marked turn around in the city's fortunes in the last few years due

to better security and a competitive and upbeat market. The new Karachi, undoubtedly a microcosm of the country, needs a voice.

Courtesy: The News

Dollar Set to Lose Value in the Open Market

The US dollar is set to become weaker in the open market as expectations of a central bank intervention became more likely, suggested currency dealers on Saturday.

Dealers closed selling the dollar at Rs107.55 and buying it at Rs107.25 on Saturday, according to forex.pk.

"The dollar may immediately go down to Rs106.50 (selling rate). Our first target is to drag it under Rs107," Forex Association of Pakistan President Malik Bostan told The Express Tribune.

"The dollar may depreciate by one rupee in a week or 10 days," Exchange Companies



Association of Pakistan General Secretary Zafar Paracha added.

The dealers have asked the central bank to allow them to sell dollars directly to commercial importers of the commodi-

ties as well. This will help dis-function the back markets and keep rupee-dollar parity stable, they said.

Liquidity needs of such commercial operators stand at around \$400 million a year, a

dealer estimated.

Secondly, they have also asked the central bank to allow dealers to receive remittances sent home by Pakistanis working abroad. This measure will help increase direct supply of dollars into the market and make the market more efficient since dealers would not have to ask SBP for supplementary supplies time and again.

At present, the currency dealers are allowed to receive the remittances via only two companies; Moneygram and Western Union. In comparison, banks are allowed to receive remittances through 150-200 companies.

Courtesy: Express Tribune

Twin Cities Receive Light Rain after Long Dry Spell



After a long dry and hot spell, the twin cities of Islamabad and Rawalpindi received first of the autumn showers on Sunday.

The light rain along with gusty winds, which began in the afternoon, turned the weather in Islamabad and Rawalpindi slightly colder on Sunday evening with the tem-

perature falling to the low 20s.

The Pakistan Meteorological Department (PMD) said that a continental wave was prevailing over most parts of the country. However, a recent shallow westerly wave was affecting northern parts of the country which had resulted in the rain.

Courtesy: Express Tribune

Vintage Cars, Heavy Bikes set off on CPEC Route as Part of Motor Rally



Motorcyclists and motorists taking part in the Pakistan Motor Rally featuring hundreds of motorbikes and vintage, classic and sports vehicles reached Islamabad on Monday.

The participants had set off on Saturday morning from the Khunjerab top, situated at an altitude of about 15,000 feet near the China-Pakistan border. They are scheduled to cover the 3,000-kilometrelong route of the China-Pakistan Economic Corridor (CPEC) and reach Gwadar after passing through all four provinces on the last day of this month.

By organising the rally in collaboration with the civilian administration, the Pakistan Army aims to promote adventure sports, showcase the country's tourism potential and commemorate the 70th anniversary of its independence in a befitting manner.

Courtesy: Dawn

Pakistan Eye ODI Clean Sweep of Sri Lanka

Pakistan head coach Mickey Arthur made no secret of his intention of inflicting a clean sweep on Sri Lanka when the sides meet in the fifth and final One-day International.

Since their Champions Trophy triumph in June, Pakistan have won eight straight games and have been unstoppable in limited-overs cricket, having overcome the disappointment of losing the preceding Test series to the same opponents 2-0 to open up a 4-0 lead in this series. Arthur believed his team had shown the hunger to keep winning.

"I will be disappointed if we didn't make it 5-0," he said at the Sharjah Cricket Stadium on Sunday. "The guys are hungry and they definitely want to do that. The key for us is to maintain our hunger and ruthlessness, so we need to keep that momentum and put this series to bed."

Pakistan have previously achieved five clean sweeps in the past, all in series involving five games. They blanked Zimbabwe in 2002-03, Bangladesh in 2003, New Zealand in 2003-04, and Zimbabwe and Bangladesh in the 2008 season.

Pakistan will look to try out

more players, with Haris Sohail the only one from the squad who has not featured in this series. But Arthur revealed that a spate of injuries was currently haunting the squad.

"It's a pity that we have picked up a couple of injuries," he remarked. "I thought Fahim Ashraf bowled great lengths. I would have loved to see him play but he did a calf muscle, out failures.

"I would be lying if I say it is not a little worrying," conceded the coach. "Fakhar is a really good player. What he needs is to learn and we would continue talking to him.

"He played in England [during the Champions Trophy] on really good wickets. The other wickets have been a lot slower Sri Lanka Nic Pothas, meanwhile, urged the batsmen to start delivering. "It is pretty obvious. It is not rocket science," the former South African wicket-keeper said not for the first time during this series. "We just want the batters to be a little more positive about the way they go about things. We also understand we need to be in the right frame of mind to be there.

"So our job is to try and give the players the freedom to be able to play their way. It is going to be a very good wicket again and it is not the biggest boundary in the world. We are always looking to just improve."

So abysmal has been their batting that Sri Lanka have not reached the 250-mark even once in their last 11 games.

Pothas believed a positive frame of mind was the need of the hour

"A batter always plays better when he is positive. His decision-making is better, his feet movement will be better and there will be intents to score if you stay in a positive mind. It has been the same message all the way through. Execution is the toughest part, so hopefully we can go and execute that a little bit better."

Courtesy: Dawn



of this match on Monday.

"Rumman Raees is out of the last match as well as the Twenty20 series," added Arthur of the left-arm quick, who has injured his left elbow. "Haris didn't pass a fitness test in Abu Dhabi after he was pretty close to playing. Babar Azam has pulled a groin and we need to take all that into consideration." Arthur hoped opener Fakhar Zaman would learn from his

and haven't allowed him to play strokes as much as he would like," said Arthur of the lefthand batsman, who has scores of 43, 11, 29 and 17.

While Pakistan are enjoying an eight-match winning streak, Sri Lanka will look to avoid a straight 11th loss three short of their worst-ever run of 14 defeats in 1987.

Ayaz Emphasizes Greater Parliamentary Level Exchanges b/w Pakistan, Belarus

Speaker National Assembly Sardar Ayaz Sadiq has emphasized for greater parliamentary level exchanges between Pakistan and Belarus for bilateral promotion of relations in diverse fields.

Talking to Ambassador of Belarus who called on him in Islamabad on Monday speaker said Pakistan desires to have friendly relations with all the countries.

Referring to the CPEC, he said it will benefit all the countries of the region.

Courtesy: www.radio.gov.pk



China wins International Nautical Competition Held at Karachi Harbour

China won the International Nautical Competition held in Karachi by the Pakistan Navy, read a statement issued by the force's media wing.

The tournament included swimming and lifesaving races as well as seamanship race and sailing competitions.

The naval teams that participated in Pak Navy's second International Nautical Competition included Sri Lanka, China, United Arab Emirates (UAE), Saudi Arabia, Pakistan Naval Academy and Pakistan Marines Academy.

Cadet from Naval Academy of Sri Lanka participated in the seamanship race.

The three-day long tournament included swimming and lifesaving races in Naval Physi-



cal Training and Sports Complex PNS Karsaz as well as seamanship race and sailing competitions at Karachi Harbour.

China won the tournament with four gold medals while UAE was declared the runner-ups.

Commander Karachi Rear Admiral Ather Mukhtar, who was the chief guest, distributed trophies and prizes amongst the

winners.

Cadets of participating countries compete in the sailing race held on the final day of the second Pak Navy's International Nautical Competition at Karachi Harbour.

Winning team of Chinese Naval Academy receiving the trophy from Commander Karachi Rear Admiral Ather Mukhtar.

Courtesy: Dawn

113 locomotives Added to Pakistan Railways fleet during last Four Years

Pakistan railways spent over Rs 13b on repairing and maintenance which increased strength of operational locomotives from 180 in 2013 to around 300 at present.



Pakistan Railways has added around 113 locomotives to its fleet since 2013 after overhauling them completely.

Courtesy: The Nation

15 People Awarded Scholarships to Study in Japan

As many as 15 people who were awarded scholarships to study in Japan are embarking on their journey. Before leaving, they were given an orientation at the Japanese Embassy on Tuesday.

Funded by the Government of Japan, the programmes under which these scholarships have been awarded to Pakistani students include the MEXT Research Scholarship 2017 (2-5 years, until their Research is complete), MEXT Teachers Training Scholarship Programme (18 months), Young Leaders' Programme (12 months) and Japanese Language Training Programme for Foreign

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Service Officers (eight months).

In the Teachers Training Programme, a male teacher has been selected. In the Young Leaders Programme, two male government officials have been selected. In the Diplomat Training gramme, a female diplomat from the Ministry of Foreign Affairs was selected, while 11 students from across Pakistan have received the MEXT Research scholarship through university recommendations. Earlier in March, seven students, who were awarded the MEXT Research Scholarship 2017 through the Japanese embassy, joined their respective universities in Japan.

Courtesy: Express Tribune

Ahmer Saldera to Represent Pakistan in 53rd Qubica AMF Bowling World Cup



Pakistan number one Ahmer Saldera will represent the country in the 53rd Qubica AMF Bowling World Cup scheduled to be held in Mexico from 4th of next month.

The Qubica AMF World Bowling Cup is the singles event in the sport of bowling.

Courtesy: radio.com.pk

Karachiites Get a Lesson in Kendo at the Japanese Consulate

Seguchi, a Japanese national living in the city for the last two years, had come with his family.

The event also featured a Jujitsu

demonstration by young Pakistani athletes from the Jujutsu Organisation of Pakistan.

Even though only a small num-



ber of Karachiites attended the event, they left the Consulate fascinated by the performance.

Guests were wowed by the martial arts exhibitions showcased at the event.

There once was a time when Samurais, famous for their sword fighting, were the protectors of the Japanese empire. However, with the advancement of technology and subsequent invention of guns, the Samurai and their sword fighting skills had no place in the 21st century.

Their legacy, however, continues in the form of Kendo, a Japan-

ese sword fighting sport. To celebrate 65 years of Japanese-Pakistani diplomatic relations, the Consulate in Karachi held on Saturday a two-day event, 'Hamara Dostana', in which a Kendo and Jujitsu demonstration was showcased.

The demonstration was led by Toru Hisabayashi, an employee of the Hitochu Corporation with Yukio Matsumoto, the security incharge of the Consulate, and Osamu Hisaki, an employee of the Japan External Trade Organisation (Jetro), participating.

Courtesy: Express Tribune

Canines Lock Eyes in Face-Off at Pet Show

I've been importing birds and animals for 15 years and have a pet store of my own called Animal Planet," he said.

A rare sighting of a couple of huskies was made at the pet show. Two-and-a-half-year-old Whiskas took it upon himself to enter a stare-off with other dogs. Iman, his 19-year-old owner, however, was not worried. Examining the competition, he said, "Huskies are rather expensive and they don't really fare well in the heat so people don't keep them."

First-time participants were also found walking gorgeous dogs, a labrador and a rottweiler, named Kiara and Dertu respectively. "We never really got the time to take part in such an event before but we made sure we took out time for this," the dog-owners said.

Mimicking parrot uses voice-controlled gadget Alexa to order Amazon gift boxes

A royal German-shepherd, named after Hector of Troy, was in attendance as well. Ishaq, his owner, said that Hector has won many a competition throughout



his 19-month life. "I was waiting for the right dog, one that would miss me when I left and get excited when I returned. Hector really is my best friend," he said.

A helpless father with his two kids was coerced into adopting two adorable white stray kittens, immediately named Igloo and Casper. "Sundays are purely family days and we chanced upon the pet show as we had come to shop at Park Towers,".

The adoption stand was run by the Karachi Animal Welfare Society (KAWS) and featured vaccinated stray cats and dogs. "This is a corporate social responsibility project in collaboration with RPK and we also take care of donkeys and eagles".

"A welfare society is the need of the hour. Protests against dog culling are great, but we need to take practical steps to address the situation," Ahmed said, adding that they've organised a lot of awareness campaigns in different universities and have a lot of young volunteers working with them.



"There are two main competitions, best breed and best category, and the winners of these will compete against each other," said Shan. The winning animals received special awards such as packets of animal food courtesy of Mera Dog and Mera Cat. Their owners, on the other hand, received food coupons for human food courtesy of Park Towers.

Commenting on the wonderful response from the people, Shan said, "We were planning to bring trained lions and ostriches too, but there's barely any space left to walk around."

Courtesy:Express Tribune

Pakistani Firm Listed among top Technology Solution Providers in the Region

A Pakistani IT firm has been recognized for its digital competence at the Asia Pacific Technology Outlook 2017. 24 World featured among the top 25 mobility solution providers in the region which included firms from India, China, Australia and Japan.



"The list highlights some of the most prominent organizations of the industry who are capable of leading their clients towards excellence by supporting them beyond an advisory level" according to Rachi V Sharma, the Managing Editor of the publication.

Courtesy: Express Tribune

In Pictures: Pakistan's Hindu Community Celebrates Diwali, the Festival of Lights

The festival holds significance as a means of spreading joy upon Hindu god Rama's return after defeating Ravana.

Diwali, the festival of lights, celebrated by Hindu and Sikh communities, involves plenty of excitement which includes offering pooja, preparing sweetmeats, exchanging gifts, decorating homes, donning new clothes, drawing rangoli and setting off fireworks.

The celebration has religious significance as a way of spreading joy on Hindu god Rama's victorious return to his people after defeating Ravana and completing his 14 years of exile.

It is also believed that the Hindu goddess of wealth Lakshmi was incarnated on the new moon day.

At the Shri Swami Narayan Mandir on Thursday, it was much more than just fireworks and noise.

Boys could be seen playing around the temple with firecrackers and sparklers. They would sneak around every unsuspecting soul to light a cracker and then enjoy watching them scream and jump with fright.

The little girls in pretty dresses, meanwhile, lit little oil lamps lining the rangoli outside their main doors. And the firework fountains, commonly called anaar, were the favourites with little boys as well as girls.

As some of the parents stood around with their kids to supervise them, others left them on their own so that they could greet each other.

Courtesy:Dawn







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