



*Greenwich University*  
Pakistan-Mauritius

# Positive Post

A Media Publication by the students of Mass Communication and Media Studies

## October in History

**October 7, 1954:** Foreign Minister Ch. Zafarullah Khan becomes a member of the International Court of Justice.

**October 27, 1959:** President General Ayub Khan becomes Field Marshal.

**October 28, 1964:** Pakistan's hockey team wins Silver Medal in Tokyo Olympic games.

**October 26, 1968:** Pakistan becomes Olympic Hockey Champion, winning over Australia 2-1.

**October 24, 1971:** Pakistan wins World Hockey Cup defeating Spain 1-0 at Barcelona.

**October 28, 1972:** President Bhutto inaugurates Karachi Nuclear Power Plant (KANUPP).

**October 5, 1975:** Pakistan and Bangladesh agree to establish diplomatic ties.

**October 15, 1979:** Dr. Abdus Salam, eminent Pakistani Scientist, is awarded Physics Nobel Prize.

**October 16, 1985:** National Assembly adopts Eighth Amendment Bill.

**October 21, 1987:** Jan Sher Khan wins World Open Squash Championship for the first time.

**October 1, 1989:** Pakistan rejoins Commonwealth.

**October 20, 1989:** SAF Games open in Islamabad.

**October 19, 1993:** Benazir Bhutto is elected Prime Minister by 121 votes.

**October 17, 2004:** Pakistani physician Dr. Mubammad Saeed Fazal Karim Beebani sets new Guinness world record for having the smallest Qur'an of the world.

## Prime Minister Khan invites Qatari investors to Pakistan



Prime Minister Imran Khan on Friday invited Qatari investment in all sectors of Pakistan's economy, especially in agriculture, livestock, and energy.

He also expressed hope for early implementation of Qatar's decision to import 100,000 workers from Pakistan.

The prime minister expressed these views while talking to Sheikh Mohammad Bin Abdul Rahman Al Thani, deputy prime minister and minister for foreign affairs of the State of Qatar, who had called on him in Islamabad to convey felicitations and best wishes on behalf of the Emir of Qatar on PM Khan's election.

The foreign minister of Qatar conveyed the Emir's keen desire to work with the new leadership in Pakistan to further strengthen close and cordial relations between the two countries.

Expressing appreciation for the warm sentiments of Sheikh Tamim bin Hamad Al-Thani, the PM reciprocated by underlining the commitment of his government to

build mutually beneficial relations with Qatar.

Referring to an increase in Pakistan's exports to Qatar, PM Khan hoped that bilateral trade will further expand in the coming years.

Earlier in the day, the Qatari foreign minister held talks with Foreign Minister Shah Mehmood Qureshi at the Foreign Office.

According to a statement released by the FO, Al Thani congratulated FM Qureshi on assuming office and conveyed a desire to work with Qureshi to cement the relations between Pakistan and Qatar.

"FM Qureshi underscored the importance of the relationship between Pakistan and Qatar. Discussing bilateral, political and economic relations between the two countries, the ministers decided to hold the next Joint Ministerial Commission (JMC) in December this year," the statement read.

The FO reports that it was also agreed upon to hold bilateral political consultations.

"FM Qureshi highlighted the huge potential for bilateral cooperation in energy, petroleum and petrochemical, agriculture and livestock sectors," the FO statement reads.

The statement adds that during the meeting, FM Qureshi reiterated his request for fast tracking the recruitment process for Pakistani workers, reminding his Qatari counterpart of the discussion held between them in New York on the sidelines of the 73rd UN General Assembly last month.

"He also offered the professional services of the Pakistani workforce for the 2022 FIFA World Cup in Qatar," the FO statement says.

The FO has also said that FM Al Thani thanked FM Qureshi and reiterated his invitation to him to visit Doha on mutually convenient dates which FM Qureshi accepted.

*Courtesy: Dawn*

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## Pakistani artist's work auctioned for Rs34 million in London



Famous Pakistani artist Rashid Rana's work entitled "Red carpet Series # 1" for ABRAAJ Collection fetched the highest price of Rs. 34.4 million (200,000 £) among all the artworks by Pakistani artists in an auction held in London.

The second highest among Pakistanis was late Sadequain's untitled work which was sold for Rs. 12 million (75,000-pound sterling).

Rashid Rana is considered to be one of the most important artists of his generation from South Asia. His works have been sold at high prices including 'Red Carpet 1' which was

auctioned at Sotheby's New York for a whopping price of 623,000 USD.

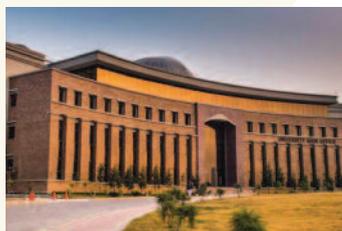
Rashid Rana, who has worked in paintings, stainless steel sculptures, video installation, photo-sculptures and photo mosaics, has showcased his works in various prestigious locations including British Museum – London, Metropolitan Museum – New York and Fukuoka Museum – Japan.

In recognition of his achievements, Rashid Rana was awarded the Asia Art Award by Asia Society.

*Courtesy: The Express Tribune*

## Nust, Lums among top 100 Asian universities

The National University of Sciences And Technology (Nust) Islamabad and Lahore University of Management Sciences (Lums) have been listed among the top 100 varsities of Asia by the QS Asia Universities Rankings 2019.



Both universities have improved their rankings this year and are placed in the top 100 institutions in the QS list, which names about 500 varsities.

Nust climbed up from 112 last year to 87 in the 2019 rankings, while Lums, which was placed at 103 last year, moved up to 95.

Quaid-i-Azam University, that stood at 133 last year, also improved its ranking and is placed at 109 in the 2019 list. Karachi University also made it to the rankings in the 251-260 grouping.

QS evaluates universities based on six indicators: academic reputation, employer reputation, faculty students ratio, citation per faculty, international faculty ratio and

international students ratio.

The top 10 universities on the list are:

1. National University of Singapore (NUS)
2. The University of Hong Kong
3. Nanyang Technological University, Singapore (NTU)
4. Tsinghua University, China
5. Peking University, China
6. Fudan University, China
7. The Hong Kong University of Science and Technology
8. KAIST - Korea Advanced Institute of Science & Technology, South Korea
9. The Chinese University of Hong Kong (CUHK)
10. Seoul National University, South Korea

*Courtesy: Dawn*

## Pink Ribbon launches breast cancer awareness drive



The #SaveThe9th campaign will include an extensive Youth Program, press conferences, a holistic digital drive nationwide

A charity organisation for the support of breast cancer patients organised the launch event 'PINKtober' at a local café.

Pink Ribbon Pakistan celebrates breast cancer awareness every year in October. The event was attended by people from all walks of life.

Pink Ribbon CEO Omer Aftab addressed the gathering saying Pink Ribbon Pakistan was empowering young girls with the knowledge and techniques to detect breast cancer at early stages.

"Pink Ribbon is commemorating this PINKtober with #SaveThe9th

theme that is a pledge to support the greater cause of building Pakistan's first dedicated breast cancer hospital to save every 9th Pakistani woman who is at high risk of breast cancer."

The #SaveThe9th campaign will include an extensive Youth Program, press conferences, a holistic digital drive and other activities nationwide.

Breast cancer is more prevalent in Pakistan than all other Asian countries. Every year, around 40,000 women die of this disease and every 9th woman is at high risk. Pink Ribbon is building a dedicated Breast Cancer Hospital in Lahore to provide one-stop breast cancer management solution to the patients and potential victims.

*Courtesy: Dawn*

## Circular, local trains to be launched soon: governor

Sindh Governor Imran Ismail on Saturday said local train and circular railway would soon be launched in the city which would officially be announced by the railway minister in the middle of this month.

"[Karachi] Circular Railway and local train will soon be launched. Railway Minister Sheikh Rashid will make announcement [for these schemes] on Oct 16 in Karachi," said the governor while addressing members of the Karachi Chamber of Commerce and Industry (KCCI). He said the railway minister's visit to Karachi had the main agenda to announce those transport schemes.

He said the local rail service would be operated on the main line from Landhi to Cantonment station.

He said tenders had been issued for



the procurement of fire engines part of the effort to prevent fire incidents in business centres.

He announced the formation of a governor-businessmen liaison committee.

He told the audience that a water desalination plant would be set up at Karachi Port.

Governor Ismail said there was no policy of the government to harass the beneficiaries of an amnesty scheme, which had legal cover.

*Courtesy: Dawn*

## Kami Sid's film Rani wins award at NBC Universal Short Film Festival



The short film won for best writer and Kami was even nominated for best actor!

Kami Sid's been trailblazing ever since she hit the entertainment industry.

The activist became the first transgender model paving the way for many more, and continued to break barriers and create awareness about transgender rights. She can now add another feather to her cap as her short film Rani just won an award.

Rani made its way to the NBC Universal Short Film Festival where it got nominated for several awards including Best Actor for Kami and Best Writer and it won the latter.

Kami, who was invited to the festival and screening said, "I'm so happy I was invited [to the festival]. People here gave me a standing ovation for my performance and I was even nominated for best actress and it means a lot."

She added, "This is an amazing achievement because every year NBC selects 14 movies out of around 3500 and out of those, six are selected as the finalists. Rani made it to top six and they invited me specially to attend because of this."

She wore a custom-made Deepak and Fahad to the event and had an amazing time on the red carpet and the award ceremony.

*Courtesy: The Express Tribune*

## Asma Jahangir wins 2018 UN Human Rights Prize

Late lawyer and human rights activist Asma Jahangir was announced as one of the four winners of the 2018 United Nations Human Rights Prize on Friday.

The announcement was made through the official Twitter account of President of the UN General Assembly Maria Fernanda Espinosa Garces.

"Today I announced the 2018 winners of the UN Human Rights Prize," the statement said before naming Jahangir and three other recipients, and adding: "Your work is an inspiration to us."

Tanzanian activist Rebeca Gyumi, Brazil's first indigenous lawyer Joenia Wapixana and Ireland's human rights organisation Front Line Defenders are the other three recipients of the honour.

Jahangir becomes the fourth Pak-



istani woman to be awarded the UN Human Rights Prize. Before her, Begum Ra'Ana Liaquat Ali Khan (1978), Benazir Bhutto (2008) and Malala Yousufzai (2013) had been accorded the honour.

Jahangir, who passed away in February this year, was known for her outspoken nature and unrelenting pursuit for human rights as well as for remaining undaunted in the face of extreme pressure and opposition. She is also remembered as a champion of the disenfranchised and for her services towards building a democratic and more inclusive Pakistan.

*Courtesy: Dawn*

## PIA to add two new aircraft to its fleet



Pakistan International Airlines (PIA) has decided to induct two new Airbus aircraft in its fleet.

The process of checking the A-320 planes is underway and they will be acquired on a dry lease under Public Procurement Regulatory Authority (PPRA) rules, the national flag carrier said in a statement.

The decision was taken during an executive meeting chaired by Chairman and Chief Executive Officer of PIA, Muhammad Saqib Aziz.

During the meeting, PIA's performance over the past few

months was also reviewed.

Attention was brought to the fact that expanding the fleet was necessary in order to fulfill market demand as it was becoming difficult to cater to the needs of passengers with the existing planes.

Aziz said that acquiring the two new planes will help PIA in expanding its operations and add to the number of passengers ferried by the airline.

The planes will be used mainly on domestic and regional routes, which include Gulf states and South East Asia.

*Courtesy: Dawn*

## SaudiGulf Airlines announces direct flights to Pakistan



SaudiGulf Airlines on Monday announced that it is starting direct flights to four destinations in Pakistan.

Taking to Twitter, the airline said it would begin operating flights between Dammam and Islamabad, Lahore, Karachi and Sialkot from October 15.

Earlier, the Chief Commercial Officer of SaudiGulf Airlines, Karim Makhlof had said that the national carrier would begin opera-

tions in Pakistan from March 1.

He said that this was the first time that a private Saudi airline had decided to launch operations in Pakistan. Pakistan would also be the first country on the airline's international network.

In his statement, Makhlof had said SaudiGulf Airlines Airbus A-320 aircraft would fly the new routes.

*Courtesy: Dawn*

## First jeep rally held in Rajanpur's tribal area



For the first time a jeep rally was held in Rujhan Mazari tehsil of Rajanpur district, some 150km from here, in which 20 drivers participated with their vehicles.

The rally having a 60km-long track was held on Arabic mound near Khalifa Airport.

It was organised by a local Moazzam Khan Mazari.

The first position in 1600cc vehicles category was won by Burik Rind who was driving vehicle with registration number plate MN 6062, while the second prize was grabbed by Gul Shah (D.F 4412).

In the 1300cc vehicles category, Mahmeed Esani clinched the first position. Rajanpur tribal area Political Assistant Mohammed Yousif gave away the prizes to the winners. Talking to the media, the event organiser Moazzam Khan Mazari said the rally would made an annual feature of the remote tribal area to promote healthy supports activities there.

He said the event was a success which was a good omen for the people of an area that had earlier been in the grip of gangs of outlaws.

*Courtesy: Dawn*

## Pakistan conducts training launch of nuclear-capable Ghauri Missile System



Pakistan on Monday successfully conducted the training launch of Ghauri Missile System having a range of up to 1,300 kilometres, Radio Pakistan reported.

According to Inter-Services Public Relations, the launch was conducted by Army Strategic Forces Command and was aimed at testing the operational and technical readiness of the command.

Ghauri Ballistic Missile can carry both conventional and nuclear warheads.

The commander of Army Strategic Forces Command, Lt Gen Hilal Hussain, appreciated the standard of training and operational preparedness of the military's strategic division.

"The launch consolidates Pakistan's nuclear capability which is aimed at peace and stability through a credible deterrence regime," read a statement issued by the military's media wing.

*Courtesy: Dawn*

## Pakistani film Indus Blues wins Best Documentary Feature at Guam International Film Festival



Pakistani documentary Indus Blues: The Forgotten Music of Pakistan has won the Grand Jury Award for Best Documentary Feature at this year's Guam International Film Festival.

to it increasingly becoming a social taboo.

Ajmal Laal Bheel, accompanied by a troupe dancer, in Rahim Yar Khan, Cholistan.

Indus Blues explores the struggle of Pakistani folk musicians who are trying to sustain their art and keep the fading art forms alive in a world dominated by modern musical instruments.

Speaking about the film, the festival's Head Juror Dr Tom Brislin said the documentary explores an issue that wouldn't have come to attention otherwise.



"It truly gives a voice to the voiceless," said Dr Brislin about the film.

Indus Blues is directed by Pakistani filmmaker Jawad Sharif, who has also won awards for his earlier work K2 and the Invisible Footmen, and has been produced by the Foundation of Arts, Culture and Education (FACE) in association with Bipolar Films.

The film, which was selected from among over 300 entries submitted from over 50 countries, tells the story of the challenges facing Pakistan's local artists and craftsmen who are working to survive in a space where pursuing folk music is becoming increasingly fraught with many barriers.

These challenges can vary from the art not being financially viable

The documentary features nine folk musical instruments which are at the verge of extinction and takes the audience on a trip across the Indus river as it tells their stories. In many cases, the performances on these instruments feature the last remaining maestros who know how to play them.

After winning the award which he could not travel to Guam to receive, Sharif said he hoped that the way the film is getting international recognition, in the same manner our artists and musicians should get recognised and we should take pride in them and own them.

"I dedicate this award to our musicians and craftsmen as they are the ones who have made it possible, and to my team," Sharif said.

*Courtesy: Dawn*

## Two classical pianists bring Mozart and Beethoven to life at NAPA

New York-based pianists Kimball Gallagher and pianist Kaiyin Huang gave a musical treat to local audiences

The classical music of Mozart and Beethoven came to life at the National Academy of Performing Arts (Napa) with performances by New York-based classical pianist Kimball Gallagher and pianist Kaiyin Huang, director of Kairos Arts and a graduate of Juilliard School and Yale School of Music.

Described as a “dynamo”, “sunlit and rapturous” and “a lightning bolt” Gallagher’s stunning performances were a musical treat for the audience who were enraptured each time he arrived on stage to perform. Introducing the classics to the audience, Gallagher delved into the intricacies of each musical piece he was to perform and shared details with the audience, which allowed one to understand how each piece had been composed.

Gallagher’s sold-out 2008 debut at Carnegie Hall launched his international ‘The 88 Concert Tour’ which led to the creation of 88 International, an international organisation initiating and executing projects across the globe.

He started off his performance by playing Mozart’s ‘Piano Sonata’ which has three sections or movements; the beginning is of a medium speed, a melodic and more intense second section, and the third is a playful close.

Gallagher said that an overwhelming majority of pianists would say Mozart is the most difficult composer to play. “This is not because it has thousands and thousands of notes, but because every sound in the music is so exposed and delicate all the time. Every nuance is laid bare for the audience to see and because of this it presents a special challenge for the pianist.”

Mozart, he explained to the audience, is difficult to understand as he is such a genius in a way that all of his manuscripts have no mistakes, corrections or cross-outs. “He writes it down directly from his head and we see no outward sign of struggle, or even the creative process; we just see the finished results.”

Gallagher truly mesmerised the audience and not a note was lost during his performance. His other performances tackled pieces by composers Schubert and Beethoven, both of



which were handled with a lot of love and mastery.

Shubert’s ‘Impromptu’ was played which was followed by Beethoven’s ‘Moonlight Sonata’. “The Sonata has a three-note repeating motif which repeats 268 times in just the first section of the piece. The second movement is much less sombre and much shorter while in the third movement, the three notes expand to four notes and the motif is repeated hundreds and hundreds of times but this time at breakneck speed in a moment of musical terror,” he said.

Gallagher even played a duet with Huang; together they performed one of Beethoven’s most famous pieces his Fifth Symphony.

Huang spoke to the crowd about how

her first time in Pakistan has been a wonderful experience and looks forward to returning soon. She is the recipient of the 2015 ten outstanding young persons award in Taiwan, and has performed at Carnegie Hall and Lincoln Centre in New York City, as well as across Asia and Europe and her performances encapsulated her passion for music.

Huang played several original compositions and transcriptions. Although trained as a western classical music composer, she found that her musical expression needed a wider canvas so she decided to fuse together eastern and western classical music to find her own distinct voice. Huang’s passionate performance was a visual and auditory treat for the audience.

*Courtesy: Dawn*



Prime Minister Imran Khan on Monday announced that the ‘Clean and Green Pakistan’ campaign will be launched on October 13.

While speaking in Islamabad, the premier said the countrywide five-year campaign includes “changing mindsets” towards cleanliness, creating dumping sites for waste, provision of public toilets, and starting a volunteer scouts programme to help support the campaign.

PM Khan said that the nationwide call to action would be launched on the coming Saturday and that the chief ministers, ministers, president, as well as governors from around Pak-

## 'Clean and Green Pakistan' 5-year campaign launched

istan will take part. Members of the civil society, including students, will also be encouraged to take part.

During the announcement, PM Khan said that the country seemed to have “accepted and become resigned to” general uncleanness.

The prime minister said, adding that the government cannot achieve its cleanliness goals until all segments of the country become involved in the process.

As a part of the campaign, cleanliness will be taught to children from an early stage. The importance of cleanliness, as well as the environment, will be included in the syllabus of children from Class 1 up till Class 5.

The other efforts will be monitored through a team of volunteers around Pakistan as well as by the government.

PM Khan added that monitoring would be done at the district level every two months, following which

rewards would be announced every six months.

He said that the districts performing well will be given cash awards and those that are falling behind will be penalised.

“One of the reasons behind low tourism in Pakistan is that there are no public toilets to facilitate travelers,” PM Khan said, adding that this was an issue that worried people when travelling to far and remote areas.

Through the initiative, public toilets will be built across the country. Immediate steps will include making sure that by 2023, there should be no shortage of public toilets across Pakistan.

PM Khan added that as of today, petrol pumps and CNG stations across the country had been issued orders to keep their toilets clean.

He added that a telephone complaint

number would be placed outside each toilet to which pictures could be sent, which will be used to fine petrol pumps found not in compliance with the orders.

A ‘Clean and Green Pakistan’ scouts volunteer program will be launched for which registration will take place through a website. PM Khan believed that this will eventually create monitoring jobs as well.

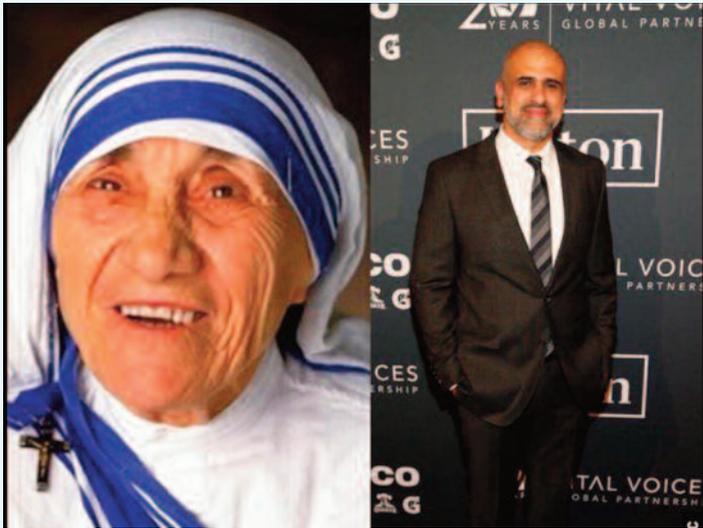
He said celebrities, sports and media personalities will be selected as ambassadors for the project.

At the ceremony on Monday, PM Khan also requested the media to support this campaign and emphasised its importance for the future of Pakistan.

The prime minister said that he was convinced that as cleanliness across the country increased, the movement will continue to grow.

*Courtesy: Dawn*

## Pakistani advocate for women empowerment wins the Mother Teresa Award



Salman Sufi, the former director general Strategic Reforms Unit of Punjab, has won the 2018 Mother Teresa Award, the advocate told Dawn.com on Monday.

Sufi's efforts for women empowerment in Pakistan include the Women-on-Wheels campaign through which around 700 women were handed over keys to motorcycles.

On winning the award, Sufi told Dawn.com: "This award is for millions of abused women of Pakistan and India who strive to get justice but are denied because unfortunately our priorities have been to strengthen arms race instead of people. It's time to change that."

"I dedicate this award to the women victims of violence and pledge to keep working for them," he wrote.

On late Sunday, Sufi took to Twitter to announce the news and said that he was "humbled" to have been nominated for the award alongside the 2018 Nobel Peace Prize winner, Nadia Murad.

"It's time to make women masters of their destiny so the fate of Pakistan and India can change for the better, they hold the key, we ignore them at our own peril," he added.

In a second tweet, Sufi said that the projects he launched for women's empowerment, "were not possible without the political support provided by [Shahbaz Sharif] and civil

society that stood by us".

"The fight for equality is far from over. Let's keep the momentum going."

Since 2014, Sufi worked voluntarily for the Special Monitoring Unit (SMU), which was renamed to the Strategic Reforms Unit (SRU) in August 2016, on law and order to implement various reforms in fields such as women's empowerment, minority rights, graveyard reforms, law and order and excise and taxation.

He was instrumental in the passage of the Punjab Protection of Women against Violence Act 2016, established the Violence against Women Centres, created Punjab Women Protection Authority, started the Women-on-Wheels campaign in collaboration with Punjab police and district administration providing free motorcycle training and subsidised bikes in Lahore, Sargodha, Faisalabad, Multan and Rawalpindi.

He also led the SRU to draft and include chapters on gender sensitisation in Pakistan Studies textbooks for classes IX to XII, among several other initiatives.

According to BBC Urdu, the awards ceremony will take place on Oct 21 in Mumbai.

The award is "bestowed as an honour to individuals or organizations who aim to promote peace, harmony and social justice".

*Courtesy: Dawn*

## Contingents from 11 countries take part in military sports tournament being held in Pakistan



The second International PACES (Physical Agility and Combat Efficiency System) Competition commenced on Tuesday at Lahore's Fortress stadium.

According to a statement issued by the Inter-Services Public Relations (ISPR), there are 16 domestic teams of the Pakistan Army and 17 international teams from 11 countries including Bahrain, China, Kuwait, Malaysia, Maldives, Nepal, Nigeria, Sri Lanka, South Africa, UAE and UK participating in the competition.

Moreover, contingents from seven countries including Egypt, Italy, Myanmar, Russia, Tajikistan, Turkey and Uzbekistan are going to

observe the competition.

Army Chief General Qamar Javed Bajwa was the chief guest of the competition's opening ceremony.

Welcoming the participants of the competition, Gen Bajwa highlighted the significance of physical fitness in "undertaking the challenges and hardships associated with soldiering."

He said that the competition demands a high level of combat skill to meet the challenges of modern-day warfare.

The competition will continue till October 15.

*Courtesy: Dawn*

## Russian army contingent arrives to participate in joint training exercise with Pak army

A Russian Army contingent has arrived in Pakistan to participate in a Pak-Russia Joint Training Exercise named Druzha-III, Director General of Inter-Services Public Relations (ISPR) Maj Gen Asif Ghafoor tweeted on Monday.

The two week long exercise is expected to continue until Oct 10, Director General Inter-Services Public Relations Asim Bajwa said.

The exercises with Russian ground forces come at a time when tensions between Pakistan and India are running high following an attack on the Uri military camp in India-held Kashmir.

Around 200 military personnel of both countries will participate in the drills, Radio Pakistan reported.

The exercise is being seen as a demonstration of closer defence ties between Pakistan and Russia after they signed a military cooperation pact in 2014.



It comes after intense drills by the Pakistani Air Force (PAF) earlier this week that officials said had been long-planned, including landing combat aircraft on the Islamabad-Lahore motorway.

The PAF on Thursday launched the Highmark Exercise, shutting down sections of the motorway leading out of the capital to land "several" combat aircraft for the first time in six years, a senior security source told AFP.

The drill is aimed an enhancing "operational preparedness", the official said, and will continue for several weeks followed by months of evaluation.

*Courtesy: Dawn*

## This 24-year-old female car mechanic is driving change in Multan

Since picking up a wrench as one of the first female car mechanics in Pakistan, Uzma Nawaz has faced two common reactions: shock and surprise, and then a bit of respect.

The 24-year-old spent years overcoming entrenched gender stereotypes and financial hurdles en route to earning a mechanical engineering degree and getting a job with an auto repairs garage in Multan.

"I took it up as a challenge against all odds and the meagre financial resources of my family," Nawaz told AFP.

"When they see me doing this type of work they are really surprised."

Hailing from the small, impoverished town of Duniyapur in Punjab, Nawaz relied on scholarships and often skipped meals when she was broke while pursuing her degree.

Her achievements are rare.

Women have long struggled for their rights in Pakistan and, especially in rural areas, are often encouraged to marry young and devote themselves entirely to family over career.

"No hardship could break my will and motivation," she says proudly.

The sacrifices cleared the way for steady work at a Toyota dealership in Multan following graduation, she adds.

Just a year into the job, and promoted to general repairs, Nawaz moves with the ease of a seasoned pro around the dealership's garage, removing tyres from raised vehicles, inspecting engines and handling a variety of tools a sight that initially jolted some customers.



"I was shocked to see a young girl lifting heavy spare tyres and then putting them back on vehicles after repairs," customer Arshad Ahmad told AFP.

But Nawaz's drive and expertise have impressed colleagues, who say she can more than hold her own.

"Whatever task we give her she does it like a man with hard work and dedication," said coworker M Attullah.

She has also convinced some of those who doubted her ability to make it in a male-dominated work environment, including members of her own family.

"There is no need in our society for girls to work at workshops, it doesn't seem nice, but it is her passion," said her father Muhammad Nawaz. "She can now set up the machinery and can work properly. I too am very happy."

*Courtesy: Dawn*

## Body to revive past glory of Sindhi film industry in the works, says culture minister

Radio Sindhology was launched and Allan Faqir's sculpture unveiled at Sindhi Film Festival

Speakers, among them legendary movie icons of Pakistan film industry, expressed hope for the revival and bright future of Sindhi film industry and proposed establishment of Sindh Film Development Corporation to translate the hope into reality.

They were speaking at the inauguration ceremony of the four day Sindhi Film Festival in Hyderabad, which started with a seminar on 'Past, present and future of Sindhi films' organised by the Institute of Sindhology at Sindh University (SU).

Legendary film icon Mustafa Qureshi presented the proposal for the establishment of the corporation and said that with proper government interest, patronage by elite and hard work by people whose first love was film, Sindhi film industry could get back its lost glory.

Sindh Minister for Education, Culture, Tourism and Archives Syed Sardar Ali Shah who was chief guest at the event welcomed Mr Qureshi's proposal and announced the estab-



lishment of the Sindh Film Development Corporation and said that a meeting would be convened soon to chart future course of action in this connection.

He said the Institute of Sindhology should assume the responsibility of bridging gap between film-makers and provincial government in order to materialise the proposed project in an effective manner.

Eminent film producer Syed Noor said that he felt ecstatic to have received so much love at the university. "I am simply stunned to learn about such a rich and magnificent past of Sindhi film industry. And I won't hesitate to admit that I have found it to be far better in many ways

than even Punjabi movies," he said.

He assured the participants in the programme that he would do everything in his power to help Sindhi films regain their lost position.

Noted scholar, politician and former bureaucrat Mehtab Akbar Rashdi stressed the need for generation of a market for Sindhi films in Sindh, Pakistan and the countries with considerable presence of Sindhi diaspora. Columnist and radio anchor Naseer Mirza, TV producer Dr Ghulam Mustafa Solangi and famous film journalist Syed Fida Hussain Shah read papers on various technical and creative aspects of Sindhi movies.

SU Vice Chancellor Prof Dr Fateh Mohammad Burfat who presided over the seminar said that he saw great prospects for the restoration and rebirth of glory of Sindhi films.

Earlier, the Institute of Sindhology director Ishak Sam-ejo presented mementos to individuals who had contributed in one way or the other to the promotion of Sindhi films in past.

A documentary by Pakistan Television's veteran producer Dr Ghulam Mustafa Solangi outlining history of

Sindhi films was screened at the seminar while students of the Department of Media and Communication Studies presented a mime on one of the most popular tracks from a famous Sindhi film which enthralled the audience and had them sway and swoon.

The luminaries present on the occasion also unveiled a sculpture of popular Sindhi folk singer Allan Faqir at the institute and inaugurated Radio Sindhology Service.

The other prominent guests who attended the event were: renowned actor and Sindhi film producer Syed Yar Mohammad Shah, secretary of culture Mohammad Akbar Laghari, KTN artists Najma Kawish, Shahnawaz Bhatti, Uroosa Ali, writer Mumtaz Bukhari, Mansoor Sitai and Prof Qalandar Shah Lakiyari.

Dr Mehmoodul Hassan moderated the seminar proceedings.

The festival will continue for another three days and will feature screening of popular Sindhi movies and discussion on various facets of Sindhi films.

*Courtesy: Dawn*

## This new restaurant in Islamabad is putting a contemporary spin on Hunzai cuisine

The restaurant is called Sea Buckthorn after a shrub that grows in Hunza

Sea Buckthorn is hard to spot if you're not looking for it. The restaurant opened on the roof of a double storey building in Najam Market, F-8/4 three months ago.

The space is divided almost equally between indoor and outdoor seating. Outside on a wood panelled balcony decorated with fairy lights, vines and planters and a row of caps traditional to the Hunza area that hang above the counter, there is one table for a larger group and two tables for four.

The indoor seating, also panelled in wood, is somewhat reminiscent of a cabin and has space for two groups.

Sea Buckthorn is one of a couple of restaurants in Islamabad that serves Hunzai food.

One of the owners, Mehnaz Parveen, said the concept behind the restaurant was to offer Hunzai cuisine using the same ingredients consumed up north, with a contemporary spin.

The menu is fairly extensive; it offers a number of appetisers and salads, several kinds of soup, vegetarian options, chicken mains, steaks and a few desserts.



The Hunza dumplings in chicken or mutton - also known as Mantu - are one of the restaurant's popular items. One serving contains six chicken dumplings, with three different sauces. The dumplings are flavourful and light; and the sauces each add a completely different flavour to the dish.

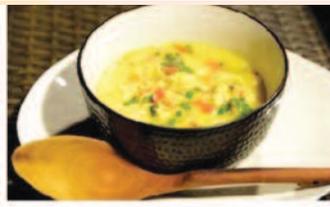
There are a number of other appetiser options, from buckwheat crepes (called Giyaling) to potato corn fries and chicken or mutton chap shuro.

The mains part of the menu is a little more intimidating. There are a number of ingredients that the average Islamabad diner could be unfamiliar with, but on the whole it's hard to pick just one thing to order.

The local nuts crumbed fried chicken is a much healthier take on fried chicken.

The texture in the dish comes from nuts such as almonds, and the dish is served with Hunza fries and a sweet and sour dip made of sea buckthorn seeds.

The thick cut potato chips are battered and crispy on the outside and fluffy on the inside. The portion is also a good size, but for a more substantial option there's the Girgir chicken.



Girgir is a Hunzai lentil, and for this dish chicken is slow-cooked in lentils and served with rice or naan. The dish is flavourful without being spicy, and it feels somewhat like an



exotic take on home-cooked food. It has an earthy and mild flavour, which is complemented by the rice served with tomatoes and scallions. There are also a few vegetarian options on the menu, including Hosar-i-Kham, a pumpkin stew, and Hoi Lo Aloo Garma - pasta and potatoes cooked in water spinach.

For those inclined towards steaks, there are four including a yak steak served with either Salajeet or yak cheese sauce.

The walnut cake is actually more like a pie, with a biscuity crust and a sticky, sweet walnut filling. Al-

though walnuts can be somewhat of an acquired taste, the bitterness of the walnuts is balanced nicely with sweetness.

"Sea buckthorn is like a shrub, you'll find it everywhere in Hunza. It has thorns and small yellow and orange berries.

"I went to Germany three or four years ago, and this friend of mine took me to this really expensive store where everything's made of sea buckthorn, all of which was coming from Hunza," Ms Parveen said.

She said that she began researching sea buckthorn and read that it had a lot of health benefits, and began

thinking of ways to incorporate it into one's diet.

"It's a very strong taste; it's sour. So we created sauces out of sea buckthorn mixed with a fruit. We're trying to bring it in our daily cuisine," she said.

She added that they were also using ingredients traditional to Hunza that are now being replaced by products that go from here to Hunza, which are not as healthy. Yak meat and cheese are such ingredients, as is buckwheat. Food at the restaurant is also cooked in either almond or apricot oil.

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